

Williamson County Schools Illness Guidelines

Students sent to the school nurse with symptoms of illness, will be asked to put on a mask and assessed for communicable diseases and may be excluded according to policy 6.403, until written documentation is provided from a healthcare provider or the health department that they are safe to return.

Symptom/ Illness	Should NOT attend school or work:	May attend school or work:
COVID- 19	**With a positive test for COVID-19 the individual shall remain out of school for a minimum 10 days from symptom onset.	<ul style="list-style-type: none"> • After 10 days from symptom onset and improving symptoms, fever-free for 24 hours
Symptoms of COVID-19	<p>1 High risk symptom:</p> <ul style="list-style-type: none"> • New cough <i>and/or</i> difficulty breathing • Loss of taste or smell • Fever (>100°F) <p>2 or more of these mild symptoms (not due to chronic conditions such as allergies, migraines, etc):</p> <ul style="list-style-type: none"> • Chills • Congestion or runny nose • Sore throat • Vomiting and/or diarrhea • Headache • Body aches and fatigue 	<ul style="list-style-type: none"> • With written documentation from a medical provider or local health department with return to school information <u>OR</u> • With a COVID-19 Negative Test result <u>after</u> onset of symptoms AND no fever and improvement of symptoms for 24 hours <u>OR</u> • Without documentation, your child will need to remain out of school for 10 days from symptom onset (CDC COVID-19 guidelines) <p><i>Home COVID-19 test kits that are FDA approved are acceptable when used as directed. Home kit results should be reported to the healthcare provider, local health department or uploaded to manufacturer apps to receive documentation for return to school.</i></p>
<p>COVID-19 Exposure</p> <p>A close contact is defined as exposure (within 6ft) to someone with confirmed COVID-19 for cumulative 15 minutes over a 24-hour period</p>	<ul style="list-style-type: none"> • After known exposure to COVID-19 it is advised to self-quarantine regardless of official health department notification unless you are fully vaccinated. • Official Health Department quarantines will be asked to comply with public health recommendations for the dates specified by public health. • If you are exposed and then develop symptoms, it is recommended you get tested for COVID-19 and begin a 10-day isolation to prevent spread. 	<ul style="list-style-type: none"> • Return After Known Exposure: We recommend after a minimum of 10 days self-quarantine and monitoring for symptoms, individuals exposed may return to school. • Return After Known Household Exposure: If there is a positive case in the household, the positive case must be completely isolated from exposed individuals to start the recommended 10 days self-quarantine. <ul style="list-style-type: none"> ❖ If close contact is asymptomatic and tests negative (Rapid Antigen testing is valid) on or after day 5 and remain asymptomatic they can return on day 8. ❖ If close contact is asymptomatic and fully vaccinated (2 weeks post last dose of vaccine series) they do not need to quarantine and can come to school.
Diarrhea or Vomiting	<ul style="list-style-type: none"> • Diarrhea or vomiting occurs within 24 hours of school start time 	<ul style="list-style-type: none"> • If free from diarrhea/vomiting for 24 hours • When able to tolerate regular food • If no fever for 24 hours
Pediculosis (Head Lice)	<ul style="list-style-type: none"> • Live lice are present 	<ul style="list-style-type: none"> • With proof of treatment <u>OR</u> • With physician or the school nurse confirming lice-free
Rash or Skin Infection	<ul style="list-style-type: none"> • Rash or signs of skin infection that is undiagnosed by a medical doctor • Fever (> 100°F) • Cough 	<ul style="list-style-type: none"> • When rash-free or written release from doctor • After 24 hours on treatment with antibiotics/antifungals the rash should be covered. • If no fever for 24 hours
Chickenpox (Varicella)	<ul style="list-style-type: none"> • Itchy pink/red rash with small fluid-filled blisters • Fever (> 100°F) 	<ul style="list-style-type: none"> • When all lesions are crusted over and dry with no new lesions, usually 5-7 days • If no fever for 24 hours