

SEPTEMBER

For the 2021–2022 School Year, all breakfasts and lunches will be At No Cost to ALL Students.

Daily Offerings

In addition to the daily menu, a variety of fresh fruits, small side salads, raw vegetables and homemade sandwiches, signature salads, and beverages are offered.

Homemade Sandwiches

Deli Sandwiches
Peanut Butter and Jelly

Rotating Signature Salads

Chef Salad
Caesar Salad
Chicken Tender Salad
Turkey Salad
Asian Salad
Popcorn Chicken Salad
Garden Salad

Beverages

Milk: 1% low-fat and fat free varieties
100% Juice varieties
10 oz. Bottled Water

Monthly Promotion

- Every Friday is cookie Friday. Each child who gets a lunch on Friday gets a fresh baked cookie
- National Ice Cream Cone Day – celebrate by letting your child purchase an ice cream for only \$1.00
 - Item of the Month: Mac & Cheese is back this year!
 - Salad of the Month: Garden Salad
 - National Cheese Pizza Day

What Makes a Meal?

Breakfast – To make a breakfast, you must choose one fruit or vegetable, plus 2-3 additional items.

Lunch – To make a lunch, you must choose one fruit or vegetable, plus 2-4 additional items.

Scroll down to see this month's menu

September 2021 High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>08/30/2021</u> <ul style="list-style-type: none"> • Chicken Nuggets • Blazing Chicken Nuggets • Homestyle Roll • Choice of Potato • Green Beans 	<u>08/31/2021</u> <ul style="list-style-type: none"> • Chicken Parmesan w/ Penne • Garlic Toast • Steamed Broccoli • Mixed Blend Vegetables 	<u>09/01/2021</u> <ul style="list-style-type: none"> • Sweet & Sour Chicken Nuggets • Fried Rice • Eggroll • Stir Fried Vegetables • Sugar Snap Peas 	<u>09/02/2021</u> <ul style="list-style-type: none"> • Cheese Enchiladas • Spanish Rice • Refried Beans • Whole Kernel Corn 	<u>09/03/2021</u> <ul style="list-style-type: none"> • Cheese or Three Meat Calzone • Beef Hot Dog • White Beans • Mac & Cheese • Creamy Coleslaw
<u>09/06/2021</u> <ul style="list-style-type: none"> • Labor Day – System Closed 	<u>09/07/2021</u> <ul style="list-style-type: none"> • Penne Pasta w/ Meat Sauce • Chicken Parmesan Sandwich • Buttery Carrots • Steamed Broccoli 	<u>09/08/2021</u> <ul style="list-style-type: none"> • Spicy Teriyaki Meatballs • Meatball Sub • Fried Rice • Eggroll • Stir Fried Vegetables 	<u>09/09/2021</u> <ul style="list-style-type: none"> • Chicken Soft Tacos • Beef Soft Tacos • Spanish Rice • Pinto Beans • Whole Kernel Corn 	<u>09/10/2021</u> <ul style="list-style-type: none"> • Buffalo Chicken Wrap • Beef Hot Dog • Green Peas • Choice of Potato
<u>09/13/2021</u> <ul style="list-style-type: none"> • Breaded Drumstick • Salisbury Steak with Gravy • Homestyle Roll • Choice of Potato • Green Beans • Baked Apples 	<u>09/14/2021</u> <ul style="list-style-type: none"> • Chicken and Broccoli Alfredo • Sweet Potato Casserole • Steamed Broccoli • Mixed Blend Vegetables 	<u>09/15/2021</u> <ul style="list-style-type: none"> • Chicken Pot Pie • Mini Turkey Corn Dogs • Buttery Carrots • Mixed Blend Vegetables • Brussel Sprouts 	<u>09/16/2021</u> <ul style="list-style-type: none"> • Pulled Chicken Nachos • Beef Nachos • Spanish Rice • Refried Beans • Whole Kernel Corn 	<u>09/17/2021</u> <ul style="list-style-type: none"> • Buffalo Chicken Basket • White Beans • Spinach • Choice of Potato
<u>09/20/2021</u> <ul style="list-style-type: none"> • Chicken Tenders w/ Homestyle Roll • Hot Ham & Cheese Sub • Choice of Potato • Green Beans • Mixed Blend Vegetables 	<u>09/21/2021</u> <ul style="list-style-type: none"> • Lasagna with Garlic Toast • Green Peas • Mixed Blend Vegetables • Steamed Broccoli 	<u>09/22/2021</u> <ul style="list-style-type: none"> • Smoked Turkey Kielbasa • Chicken Corn Dog • Texas Ranchero Beans • Honey Glazed Carrots 	<u>09/23/2021</u> <ul style="list-style-type: none"> • Cheese Quesadilla • Spanish Rice • Pinto Beans • Whole Kernel Corn 	<u>09/24/2021</u> <ul style="list-style-type: none"> • Grilled Cheese with Tomato Soup • BBQ Chicken Sandwich • Buttery Carrots • Green Peas • Choice of Potato
<u>09/27/2021</u> <ul style="list-style-type: none"> • Chicken Nuggets w/ Homestyle Roll • Green Beans • Mixed Blend Vegetables • Honey Glazed Carrots 	<u>09/28/2021</u> <ul style="list-style-type: none"> • Cajun Chicken Pasta • Loaded Baked Potato • Steamed Broccoli • Mixed Blend Vegetables • Baked Apples 	<u>09/29/2021</u> <ul style="list-style-type: none"> • Italian Chicken Sub • Lima Beans • Broccoli with Cheese • Yellow Squash 	<u>09/30/2021</u> <ul style="list-style-type: none"> • Chicken Fajitas • Spanish Rice • Black Beans • Whole Kernel Corn 	<u>10/01/2021</u> <ul style="list-style-type: none"> • BBQ Pork Sandwich • Fish Stick Basket • Brussels Sprouts • Peas & Carrots

This institution is an equal opportunity provider. Menus are subject to change without notice.